

Title: **What is the Stir Course?**

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The Stir Course is an intentional way to stimulate spiritual curiosity.

It answers the questions people today are asking about God and faith.

"So what?"

"Why bother?"

"What difference would it make?"

And it does it in a way that resonates with our culture. Not so much by talking at people, or giving them loads of information when they're not ready for it, but by helping them experience that they have a soul.

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The Stir Course maps out a variety of experiences, where you the leader act as the guide. Choose the sessions that best fit your participants, and be ready to bubble up emotions, longings and questions, and call attention to them as spiritual.

We think rather than trying to convince people they need God, they will be curious for more. We can introduce people to the one we believe our soul longs for, help them encounter the person of Jesus, and invite them to choose full life by joining God and his plan.

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So if you're running a cafe or a drop-in, if you're leading a community-based group, or a compassion ministry, or you're working in a school, at college or at Uni- and you're not sure what to do next because people are just not interested in faith. Or they're not yet asking questions about God or Christianity. Or they're wondering how God can make a difference in their lives, maybe it's time to try something new.

Join us, and Start to Stir.